

Nausea and vomiting of pregnancy

RFQs

- Does it hurt when you pass urine?
- Have you had any tummy pain or fever?
- I'd like to check your urine for infection if that's OK?
- Would it be OK for me to examine your tummy today?

Poor you. That sounds awful. Even though you don't have any symptoms of a water infection, I'd like to check your urine sample today to look for infection.

Provide

Yes, I agree it's worth giving ginger, acupuncture and small, low fat, meals a try.

Since your nausea started so late (after 11 weeks), we need to think hard about what is causing your vomiting. Nausea in pregnancy should not cause abdominal pain.

Safety net:

This medication (cyclizine) can make you feel a little drowsy, so if that is the case please don't drive.

If the nausea is not getting better with the medication I give you today, it may be worthwhile doing a scan to check on your baby. And if you're not passing urine at least three times a day it may be worth thinking about giving you fluids, by another route, in hospital. Let's check your weight today, to make sure that you haven't lost too much fluid.

If that is not getting on top of the nausea give me a call and I will add (or swap you to) another medicine (metoclopramide). (Ondansetron is third line and should not be used in the third trimester.)